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About

Jason Reid

An expert on chronic illness and engagement, Jason Reid coaches people with chronic illness who wish to thrive in their lives and their careers. Jason helps his clients not only reduce stress and regain confidence but also become more fulfilled, engaged and productive - both at work and at home.

Jason also works with organizations who are looking to improve productivity and diversity while simultaneously reducing absenteeism and disability costs. His paradigm-changing book, *Thriving in the Age of Chronic Illness,* examines the effects of chronic health issues from the point of view of both the worker and the employer.

Despite being diagnosed with Crohn's disease and arthritis at a young age, Jason overcame these challenges to become the head of news and information at a national television network. There, he led his team to national & international awards while dramatically increasing productivity.

His ability to engage employees with chronic illness motivated him to create *Sick with Success*®, a company that helps engage individuals with chronic health conditions and educate the organizations that employ them.

Jason's real-world experience as a manager and as a person challenged by illness gives him a unique perspective on how chronic illness affects organizations and their people. Over the past two years he has consulted with experts in wide-ranging areas such as neuroscience, project management and performance coaching in order to understand how people with health challenges can be more productive and engaged in today's fast-paced world.

Jason holds a B.A.A. in journalism, has professional coach training and holds a certificate in organizational leadership from the Marshall School of Business at the University of Southern California. Jason is also a certified practitioner of Ericksonian hypnosis, having studied with legendary hypnotist and NLP master-practitioner Dr. Mike Mandel. As a result, Jason knows how to communicate with people on both a mental and emotional level, helping reduce their stress and eliminating potential roadblocks to high-performance and commitment.

Jason writes a column for *Job-hunt.org* on career management for people with chronic illness. His articles on chronic health conditions and employment have also appeared in magazines such as *Your Workplace*. He has been featured as a guest expert on radio and national television. His keynotes and workshops have been presented for organizations as diverse as *Health and Safety Ontario, The Arthritis Society* and *The Saskatchewan Association of Human Resource Professionals (SAHRP).* Jason also runs the popular blog sickwithsucccess.com